

**BVP**  
**Middle School**  
 Week of 8/28 to 9/1

Our menus are aligned with the USDA's  
 "Healthier US School Challenge."



**DAILY SPECIALS**

- MONDAY**      **Chicken Tenders**  
*Sweet Potato Strings*  
*Roasted Carrots*
- TUESDAY**    **General Tso's Chicken**  
*Brown Rice*  
*Broccoli*
- WEDNESDAY** **Beef Soft Tacos**  
*Refried Beans*  
*Salsa & Sour Cream*
- THURSDAY**   **Macaroni & Cheese**  
*Parmesan Green Beans*
- FRIDAY**        **Buffalo Chicken Quesadilla**  
*Carrot & Celery Sticks w/ Dip*



**Salad Entrees** **SP**  
 Chef Salad w/ Breadstick  
 Antipasto Salad w/ Breadstick

**THIS WEEK'S DAILY SPECIALS**

- MONDAY**        **Buffalo Chicken Wrap**  
**TUESDAY**      **Chef Salad Wrap**  
**WEDNESDAY**   **American Wrap**  
**THURSDAY**    **Turkey & Cheese Sub**  
**FRIDAY**        **Egg Salad Sandwich**



**A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES**  
 Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety  
 Locally Grown items are offered whenever seasonally available  
 Low Fat or Fat Free Milk included with all meals



**EVERYDAY CHOICES**  
 Pepperoni & Cheese **V**  
*All pizzas feature low fat cheese, low sodium sauce, & whole grain crusts.*  
*Now offering flatbread pizza.*

**THIS WEEK'S DAILY SPECIALS**

- MONDAY**        **Pepperoni Calzone**  
**TUESDAY**      **Margarita Pizza**  
**WEDNESDAY**   **Zesty Italian Calzone**  
**THURSDAY**    **BBQ Chicken Calzone**  
**FRIDAY**        **White Pizza**



**EVERYDAY CHOICES**  
 Flame Broiled Beef Patty,  
 Chicken & Vegetarian Choices **V**

**THIS WEEK'S DAILY SPECIALS**

- MONDAY**        **BBQ Chicken Sandwich**  
**TUESDAY**      **Rib B Que**  
**WEDNESDAY**   **Grilled Chicken Sandwich**  
**THURSDAY**    **Chicken Parmesan Sandwich**  
**FRIDAY**        **Fish Sandwich**



**Vegetarian**



**Smart Pick**

We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options. Smart Pick selections meet specific criteria for fat, sodium, & calories.

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

**BVP**  
**Middle School**  
 Week of 9/4 to 9/8

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**DAILY SPECIALS**

- MONDAY**      **NO SCHOOL**  
**LABOR DAY**
- TUESDAY**      **Chicken Drumsticks**  
*Mashed Potatoes*  
*Corn*
- WEDNESDAY**      **Taco Pie**  
*Garden Side Salad*
- THURSDAY**      **Turkey & Gravy**  
*Mashed Potatoes*  
*Roasted Carrots*
- FRIDAY**      **Baked Potato Bar**  
*Steamed Broccoli*



**Salad Entrees**      **SP**  
 Taco Salad w/ Chips  
 Peppi Pizza Salad w/ Breadstick

**THIS WEEK'S DAILY SPECIALS**

- MONDAY**      **No School**
- TUESDAY**      **Crispy Chicken Wrap**
- WEDNESDAY**      **Italian Sandwich**
- THURSDAY**      **Tuna Salad Bulky**
- FRIDAY**      **Asian Chicken Wrap**



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**Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety**  
 Locally Grown items are offered whenever seasonally available  
**Low Fat or Fat Free Milk included with all meals**



**EVERYDAY CHOICES**      **V**  
 Pepperoni & Cheese  
*All pizzas feature low fat cheese, low sodium sauce, & whole grain crusts.*  
*Now offering flatbread pizza.*

**THIS WEEK'S DAILY SPECIALS**

- MONDAY**      **No School**      **V**
- TUESDAY**      **Spinach & Mushroom Pizza**
- WEDNESDAY**      **BBQ Chicken Pizza**
- THURSDAY**      **Pepperoni Calzone**
- FRIDAY**      **Sausage Pizza**



**EVERYDAY CHOICES**      **V**  
 Flame Broiled Beef Patty,  
 Chicken & Vegetarian Choices

**THIS WEEK'S DAILY SPECIALS**

- MONDAY**      **NO SCHOOL**
- TUESDAY**      **Double Dogs**
- WEDNESDAY**      **Hot Ham & Cheese**
- THURSDAY**      **Buffalo Chicken Sandwich**
- FRIDAY**      **Mini Corn Dog**



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**BVP**  
**Middle School**  
 Week of 9/11 to 9/15

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**Salad Entrees**

Buffalo Chicken Salad w/ Breadstick  
 Charlie Tuna Salad w/ Breadstick

**THIS WEEK'S DAILY SPECIALS**

<b>MONDAY</b>	<b>Bologna &amp; Cheese Sub</b>
<b>TUESDAY</b>	<b>Chicken Caesar Wrap</b>
<b>WEDNESDAY</b>	<b>Roast Beef Bulky</b>
<b>THURSDAY</b>	<b>Avocado Chicken Wrap</b>
<b>FRIDAY</b>	<b>Chicken Salad Sandwich</b>



**DAILY SPECIALS**

<b>MONDAY</b>	<b>American Chop Suey</b> <i>Sautéed Spinach</i>
<b>TUESDAY</b>	<b>Chicken and Waffles</b> <i>w/ Gravy</i> <i>Fruit Jell-O</i>
<b>WEDNESDAY</b>	<b>Breakfast For Lunch</b> <i>Home Fries</i> <i>Orange Smiles</i>
<b>THURSDAY</b>	<b>Meatloaf w/ Brown Gravy</b> <i>Mashed Sweet Potato</i> <i>Glazed Carrots</i>
<b>FRIDAY</b>	<b>Meatball Sub</b> <i>Roasted Garbanzo Beans</i>



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**Low Fat or Fat Free Milk included with all meals**



**EVERYDAY CHOICES**

**Pepperoni & Cheese** **V**  
*All pizzas feature low fat cheese, low sodium sauce, & whole grain crusts.*  
*Now offering flatbread pizza.*

**THIS WEEK'S DAILY SPECIALS**

<b>MONDAY</b>	<b>Spinach &amp; Pepperoni Calzone</b>
<b>TUESDAY</b>	<b>Taco Pizza</b>
<b>WEDNESDAY</b>	<b>Ham &amp; Cheese Calzone</b>
<b>THURSDAY</b>	<b>Hawaiian Pizza</b>
<b>FRIDAY</b>	<b>Veggie Calzone</b> <b>V</b>



**EVERYDAY CHOICES**

**Flame Broiled Beef Patty,**  
**Chicken & Vegetarian Choices** **V**

**THIS WEEK'S DAILY SPECIALS**

<b>MONDAY</b>	<b>Buffalo Chicken Sandwich</b>
<b>TUESDAY</b>	<b>Bahama Burger</b>
<b>WEDNESDAY</b>	<b>Cheesy Bacon Chicken</b>
<b>THURSDAY</b>	<b>Crispy Chicken Wrap</b>
<b>FRIDAY</b>	<b>Fish Sandwich</b>



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**BVP**  
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 Week of 9/18 to 9/22

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**Salad Entrees**

Lift Off Spinach Salad w/ Breadstick  
 Chicken Caesar Salad w/ Breadstick



**THIS WEEK'S DAILY SPECIALS**

MONDAY	Turkey & Cheese Sub
TUESDAY	Southwest Wrap
WEDNESDAY	American Wrap
THURSDAY	Buffalo Chicken Wrap
FRIDAY	Italian Sub



**DAILY SPECIALS**

MONDAY	Vegetarian Chili w/ Scoops <b>V</b>
TUESDAY	Chicken Pot Pie Broccoli
WEDNESDAY	Pulled Pork Sandwich w/ Baked Beans
THURSDAY	Chicken Alfredo Broccoli
FRIDAY	Fish Nuggets Curley Fries Pineapple Coleslaw



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**EVERYDAY CHOICES**

Pepperoni & Cheese **V**  
*All pizzas feature low fat cheese, low sodium sauce, & whole grain crusts.*  
*Now offering flatbread pizza.*

**THIS WEEK'S DAILY SPECIALS**

MONDAY	Tomato & Spinach <b>V</b>
TUESDAY	Buffalo Chicken Pizza
WEDNESDAY	BBQ Chicken Calzone
THURSDAY	Ham & Cheese Calzone
FRIDAY	Supreme Pizza



**EVERYDAY CHOICES**

Flame Broiled Beef Patty, Chicken & Vegetarian Choices **V**

**THIS WEEK'S DAILY SPECIALS**

MONDAY	Toasted Italian Sub
TUESDAY	Beef Taco Wrap
WEDNESDAY	Chicken Parmesan Sandwich
THURSDAY	Grilled Chicken Sandwich
FRIDAY	Beef Patty Melt



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**BVP**  
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 Week of 9/25 to 9/29

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**Salad Entrees** **SP**

Southern BBQ Salad w/ Breadstick  
 Asian Salad w/ Noodles

**THIS WEEK'S DAILY SPECIALS**

<b>MONDAY</b>	Buffalo Chicken Wrap	
<b>TUESDAY</b>	Ham & Cheese Sub	
<b>WEDNESDAY</b>	American Wrap	
<b>THURSDAY</b>	Spinach Wrap	<b>V</b>
<b>FRIDAY</b>	Chicken Salad Sandwich	



**DAILY SPECIALS**

<b>MONDAY</b>	<b>Baked Ziti</b> <b>V</b> <i>Roasted Tuscan Vegetables</i>
<b>TUESDAY</b>	<b>Chicken &amp; Cheese Nachos</b> <i>Black Bean &amp; Corn Salsa</i>
<b>WEDNESDAY</b>	<b>Shepard's Pie</b> <i>Side Caesar Salad</i>
<b>THURSDAY</b>	<b>Orange Chicken</b> <i>Brown Rice</i> <i>Mixed Garden Vegetables</i>
<b>FRIDAY</b>	<b>Fish &amp; Chips</b> <i>Blue Ribbon Coleslaw</i>



**SP V**

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**EVERYDAY CHOICES**

Pepperoni & Cheese **V**  
*All pizzas feature low fat cheese, low sodium sauce, & whole grain crusts.*  
*Now offering flatbread pizza.*

**THIS WEEK'S DAILY SPECIALS**

<b>MONDAY</b>	White Cheese Pizza <b>V</b>
<b>TUESDAY</b>	Buffalo Chicken Calzone
<b>WEDNESDAY</b>	Spinach & Mushroom Pizza <b>V</b>
<b>THURSDAY</b>	Steak & Cheese Calzone
<b>FRIDAY</b>	Cheeseburger Pizza



**EVERYDAY CHOICES**

Flame Broiled Beef Patty, Chicken & Vegetarian Choices **V**

**THIS WEEK'S DAILY SPECIALS**

<b>MONDAY</b>	BBQ Turkey Sandwich
<b>TUESDAY</b>	Tuna Melt
<b>WEDNESDAY</b>	Ham, Egg & Cheese Sandwich
<b>THURSDAY</b>	Cajun Burger
<b>FRIDAY</b>	Beef Burrito



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