


SEPTEMBER 2017



EVERYDAY CHOICES



Specialty Sandwiches
Variety Protein or Vegetarian
Wraps & Sandwiches



EVERYDAY CHOICES

V Cheese, Pepperoni and Daily
Specialty Pizzas and
Calzones

WEEKLY CHOICES

Week of 8/30	
Week of 9/8	Main Street Tacos
Week of 9/11	Beale Street BBQ
Week of 9/18	Mendon Road Potato Bar V
Week of 9/25	Canal Street Mac Attack V



EVERYDAY CHOICES

Flame Broiled Beef Patty,
Chicken & Vegetarian Choices
Baked Seasoned Wedges or Sweet Potato Fries



EVERYDAY CHOICES

Daily Salad Bar with Fresh Fruit and Vegetables
Offered With or Without Chicken **V**





A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES
 Fresh Garden Salad Greens plus Fruits & Vegetables; Locally Grown Items are offered when seasonally available and Low Fat or Fat Free Milk is included with every meal

		8/30 Welcome BBQ <i>Pasta Salad</i> <i>Watermelon</i>	8/31 Macaroni & Cheese <i>Parmesan Green Beans</i> V	9/1 Buffalo Chicken Quesadilla <i>Carrot & Celery Sticks w/ Dip</i>
NO SCHOOL LABOR DAY	9/4 9/5 Chicken Drumsticks <i>Mashed Potatoes</i> <i>Corn</i>	9/6 Taco Pie <i>Garden Side Salad</i>	9/7 Turkey & Gravy <i>Mashed Potatoes</i> <i>Roasted Carrots</i>	9/8 Baked Potato Bar <i>Broccoli</i> V
9/11 American Chop Suey <i>Sautéed Spinach</i>	9/12 Chicken & Waffles <i>w/ Gravy</i> <i>Fruit Jell-O</i>	9/13 Breakfast Sandwich <i>Home Fries</i> <i>Orange Juice</i>	9/14 Meatloaf Cupcake w/Gravy <i>Mashed Sweet Potatoes</i> <i>Maple Glaze carrots</i>	9/15 Meatball Sub <i>Roasted Garbanzo Beans</i>
9/18 Vegetarian Chili w/ Scoops <i>Guacamole</i> V	9/19 Chicken Pot Pie <i>Mixed Vegetables</i>	9/20 Pulled Pork Sandwich <i>Baked Beans</i>	9/21 Chicken Alfredo <i>Pasta</i> <i>Blanched Broccoli</i>	9/22 Fish Nuggets w/ Roll <i>Curley Fries</i> <i>Pineapple Coleslaw</i>
9/25 Baked Ziti <i>Roasted Tuscan Vegetables</i> V	9/26 Chicken & Cheese Nachos <i>Black Bean & Corn Salsa</i>	9/27 Shepard's Pie <i>Side Caesar Salad</i>	9/28 Orange Chicken <i>Brown Rice</i> <i>Mixed Garden Vegetables</i>	9/29 Fish & Chips <i>Blue Ribbon Coleslaw</i>